

Winter 2022

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Community connections

Newsletter from Richardton Health Center



Activities keep residents smiling!

Whether it's a heart-to-heart conversation or a raucous game or a hometown pilgrimage, the Activities Department at Richardton Health Center measures each day with the number of smiles collected.

Activities Director Jessica Schmidt, a full-time aide, Jenni Murry, and two part-time high school students lead the A-to-Z list of activities for residents.

"We try to do different games and crafts, but it's really so impor-
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Richardton Health Center • Winter 2022

8885 Highway 10
Richardton, ND 58652
701-974-3304



ACTIVITIES, continued from previous page

tant to do the one-on-ones, just helping with their emotional well-being,” Schmidt says.

Those individual visits may simply be visiting or reading to a resident. Or holding a hand to put on a new coat of nail polish.

“For different people, it may be a different type of communicating,” she says. Activities are geared to meet each resident at their own level.

“Our Activities Department is phenomenal. They know what each and every resident likes and strive to makes activities personalized, both at the facility and on outings,” says Administrator Mandy Robinson.

“We deliver personalized care to advance physical, mental and psychosocial well-being,” Schmidt says. “It really is personalized care. We really get to know what each person likes, whether it be their favorite color or their favorite candies We really do focus on that person and personalized care.”

So, one afternoon, staff had a lefse-making session, with one of the residents teaching them her secrets to the art of perfecting lefse.

“She really enjoyed it,” Schmidt says.

Another resident likes to check the family farm’s fields during the growing season.

“Once a month, we try to go out for a drive, so he can see the fields and see what’s coming up,” she says.



Adult day care provides social, health and personal care to older adults who need supervised care during the day.



Services

- Social activities and interaction with peers
 - Meals and snacks
- Room for napping or rest
- When to consider**
 - They feel isolated or lonely
- They cannot be safely left alone during the day
 - The caregiver needs some respite

Adult day care is available 8 a.m. to 5 p.m. Monday-Friday or arranged hours.

Call Admissions to apply at 974-3304

**Community Connections
Winter 2022**

Richardton Health Center
8885 Highway 10
Richardton, ND 58652

Phone: 701-974-3304

Website:

<https://sites.google.com/site/richardtonhealth>

Richardton Healthcare Foundation
PO Box 306
Richardton, ND 58652



Like RHC on Facebook

Welcome!

Welcome to Community Connections, a newsletter which is published by the Richardton Health Center and the Richardton Healthcare Foundation, serving the region.

The mission of the Richardton Health Center:

Making our home the best by serving our community with holistic care and dignity.

The vision of the Richardton Health Center:

Deliver high-quality, personal care every day.

Another resident once loved to go to the bingo hall in Bismarck, so Schmidt is going to accompany her to the bingo hall for an afternoon.

Former New England, Mott and Hebron residents have been taken to their hometowns for lunch, where they can reminisce about their communities and visit with old friends.

Residents have traveled to the Cowboy Hall of Fame in Medora and a greenhouse to pick out plants to fill the planters in the spring.

What's most popular?

"As cliché as it sounds, our biggest group activity that we have good turnout for is bingo," Schmidt says with a laugh.

Bake days and crafts are fun for the residents. And interaction with the staff always draws some laughs. During a recent "turkey hunt," staff dodged in and out of Christmas trees, while residents took aim with Nerf guns.

"We try not to keep everything the same, so we try to spice things up, but keep enough of a routine," she says.

Church services are being brought back with visiting pastors, and volunteers can enter the facility as long as COVID-19 guidelines are followed.

Those outside volunteers are meaningful to the residents, Schmidt says.

"It's important for them to see different people, different faces," she says.

"It's so great to some of these high schoolers involved. It's just really nice to see them getting involved and share their compassion," she says.

The community has also been supportive of the Richardton Health Center through donations.

The Activities Department has an Amazon wishlist, where donors can pick needed items to purchase.

On Schmidt's wishlist are digital clocks with the date and time to help orientate residents for each of the 29 resident rooms.

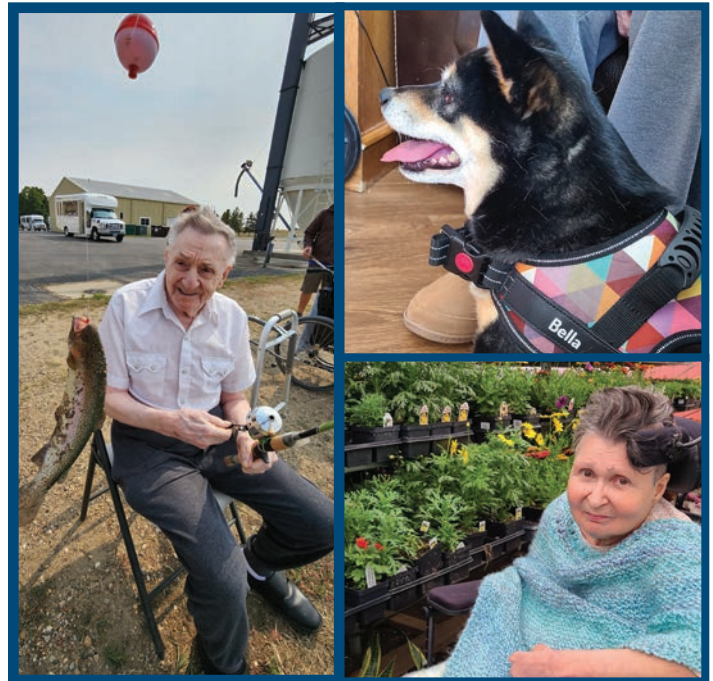
"For some, it really does help them stay orientated," she says.

Schmidt has served as activities director for three years, after working as the assistant director, and has gotten to know the residents well.

"I like really connecting with the residents, really getting to know them. I think I really do have a special bond with most of them. It's really meaningful," she says.

The 29-bed Richardton Health Center has a five-star rating by the U.S. Centers for Medicare and Medicaid Services based on performance standards.

Nursing home ratings are available publicly at www.medicare.gov



for public comparison to assist in selecting a quality nursing home. A five-star rating is the best overall rating.

The Richardton Health Center also offers adult day care.

Adults needing supervision or care at home can now come to the Richardton Health Center from 8 a.m. to 5 p.m. Monday through Friday to spend the day. Stays can be arranged for outside these hours with a mutually agreed upon time by the client and the facility.

The adult day care is designed for individuals who have limited physical and psychological needs, but are living within their own home setting. They may need the care, but do not need to live in an institution on a permanent basis.

The program is self-pay, as it is not covered by Medicare or Medicaid.

During their stay, participants will receive meals, participate in activities and will have a room where they can nap or relax. Or they can rest in the dayroom with other residents. Snacks will also be provided.

To enroll, contact admissions at 974-3304 and complete the application process. Those wishing to visit the facility to consider having your loved one make their home there may also call admissions. ■

We pay for your training! We hire you here!



Classes are Dec. 23-Jan. 3.
START YOUR CAREER AS A CNA!

At Richardton Health Center

Complete 80 hours of on-the-job paid training at Richardton Health Center to become a Certified Nurse Assistant.

Whether it's guiding a patient in a walk down the hall or simply sharing a smile, the CNAs are a valuable part of the team of caregivers at Richardton Health Center.

Jobs now available!
Full-time or part-time positions are available.

Eligible for a \$2,000 sign-on bonus.

Starting wage \$19/hour.

May increase based on experience.

To apply for a CNA position and on-the-job training, contact:
Sara Senn or Keary Berger at 974-3304.
keary.berger@richardtonhealth.com
sara.senn@richardtonhealth.com

Mandy Robinson takes helm at Richardton Health Center

As the new administrator at the Richardton Health Center, Mandy Robinson looks forward to greeting residents each morning and being part of the team providing care.

“I love being part of the residents’ lives. I love getting to know them, getting to know their families,” she says. “It’s so nice when you can become part of their family. That’s the most rewarding part of it.”

A native of Dickinson, Robinson graduated from Dickinson High School. She obtained a master’s degree in occupational therapy from the University of Mary in Bismarck. While she’s worked as an occupational therapist for the past 12 years, she has been in the medical field much longer.

“I’ve been in health care for about 17 years,” she says, starting as a certified nursing assistant (CNA) at a long-term care facility while still in high school.

“I’ve always loved helping people,” she says. While working in high school, Robinson met a girl with intellectual disabilities, which developed into a life-changing friendship.

“To this day, she’s probably one of my best friends. She got me involved with Special Olympics and I really felt like I wanted to help people and I loved that feeling of helping others, so I decided I wanted to do something in the medical field,” she says. “Occupational therapy was a good fit for me.”

Robinson has worked at Marian Manor Healthcare Center in Glen Ullin as an occupational therapist for the past 11 years.

“While working at Marion Manor, I started taking on more responsibilities and more leadership roles. I found I enjoyed that piece of it and I wanted to pursue that further,” she says. “It’s still patient care, still with the residents. I’m able to interact with them every day and still be part of their lives, but in a little different role.”

At the Richardton Health Center, she looks forward to being part of the team and being involved with the residents, who can expect to see her throughout the facility.

“I really want to come at this as being part of the team,” she says. “I want to be part of the team and guide the team in the right direction, to be a person they can turn to and trust.”

“They have really good patient care here. They’re a five-star facility, so they’re doing something well and that has to be good patient care. All the residents I’ve talked to are happy,” she says.



■ Mandy Robinson is the new administrator at the Richardton Health Center.

She points to the activities department, which recently took residents who are New England natives to lunch in that community.

“I’m excited to get started,” she said. “We have a good team here and I’m excited to be part of that.”

In 2019, the Richardton Health Center board of directors signed a shared management agreement with Jacobson Memorial Hospital Care Center (JMHCC) in Elgin. The two organizations operate independently of each other, but had shared JMHCC CEO Theo Stoller at both facilities.

When Stoller notified the board of directors that he will be resigning from his position in early 2023, the boards decided to separate the roles of Richardton Health Center administrator and JMHCC CEO.

Stoller will continue with JMHCC and RHC as the boards set up a transition plan.

Robinson has a 5-year-old daughter and a 9-year-old son. Her husband works remotely for Sanford Health as an interface engineer. The couple lives in Dickinson, where they stay busy with their kids’ activities. ■



**The Richardton Healthcare Foundation
welcomes donations anytime.**

The Foundation board determines where to best utilize funds, so donations can be coupled with other funds to continually improve RHC's programs and services.

Make your gift by check to:
Richardton Healthcare Foundation
PO Box 306
Richardton, ND 58652

PLEASE JOIN US IN OUR

Silent Christmas Tree Auction

RHC LOBBY

IF YOU WISH, PLACE
YOUR BID ON TREE
OF CHOICE .

BIDS WILL CLOSE
ON DECEMBER 19TH

ALL PROCEEDS GO
TO THE ACTIVITIES
DEPARTMENT

RHC's Christmas bazaar

RICHARDTON HEALTH CENTER WILL BE HOSTING
A CRAFT BAZAAR/ BAKESALE!
SUNDAY, DECEMBER 18TH 11:00AM-3:00PM
THIS WILL BE OUR FIRST ONE SINCE COVID!

IT WILL BE A LITTLE DIFFERENT THAN YEARS
PAST, TAKING PLACE AT
THE RICHARDTON CITY HALL.
WE WILL ALSO BE SERVING LUNCH
FOR \$5.00/ PLATE

IF YOU WOULD LIKE TO HAVE A BOOTH AT THE
EVENT OR DONATE SOME HANDMADE ITEMS FOR
RHC'S BOOTH CONTACT JESSI AT 701-974-3304
OR JESSICA.SCHMIDT@RICHARDTONHEALTH.COM
BY DECEMBER 1ST. ALL PROCEEDS WILL GO TO
THE ACTIVITIES DEPARTMENT

COST TO RESERVE A TABLE IS \$15

Christmas memories

Irmgard Wehri

When I was a little girl, what excited me the most about Christmas was going to pick out a live tree, then we would put holders for candles on the tree. We only lit them on Christmas Eve and Christmas Day.



Cathy Hanneman

One Christmas, when my boys were 8 and 2 years old, the neighbor man dressed as Santa Claus, and brought them what they asked for. They thought it was really Santa! This meant so much to me as a single mother and is one of my sons' greatest Christmas memories, too!

Agnes Rehling

My favorite part of Christmas now is watching the Christmas movies! My favorite memories as a child from around Christmas were playing cards. We played lots of different games, and I continued this with my kids and grandkids. Some of the games we played were crazy eights, trump, hand & foot, rummy 14 (playing for pennies and nickels), double it and pinochle.



Irene Hoff

I remember waiting for Santa Claus, and baking cookies with my mom.



Tony Braun

I remember dressing up as Santa one time to surprise my kids. They were scared! I never did it again!

NOW

**Richardton Health Center
Richardton, ND**

H I R I N G

Positions



CNA – FT and PT

\$2,000 sign-on bonus

Charge Nurse (RN or LPN) – FT

\$5,000 sign-on bonus

Housekeeper – FT

\$2,000 sign-on bonus

Cook – FT

\$2,000 sign-on bonus

Join our team today!

Keary Berger, Human Resources Coordinator
Richardton Health Center
8885 Hwy 10 • Richardton, ND 58652
Email: keary.berger@richardtonhealth.com
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