

News from your family at Richardton Health Center in Richardton



## **Celebrating at RHC!**

We had our monthly birthday party on Jan. 26, celebrating Irene Hoff, J.J. Jones, Lydia Boltz and Brother Gregory. Residents and guests enjoyed birthday cake and musical entertainment by Dennis Paulson, Inky Paulson and Jean Marcusen. A few family members came for the party and enjoyed the festivities with their loved one.

It's always nice to have some visitors at these events for everyone to reminisce with.

We are getting ready for Valentine's Day, and will be doing our candy bouquet fundraiser for the second year in a row. We will be delivering bouquets to schools and local businesses Feb. 14.

#### Sincerely, Jessi Schmidt, activities director



AT LEFT: Katy and Jenn work on some Valentine's Day crafts. Oakley, the daughter of Keary Berger, plays bingo with Lorraine. ABOVE: We had a little fun bowling as an activity.

*	SAT	<b>3</b> 9:00 Manicures 10:30 Games in Activity Room 2:00 Popcorn & Movie	10 9:00 Manicures 10:30 Games 2:00 Music w/ Richardton 7th Day Adventist Church	17 9:00 Manicures 10:30 Cames in Activity Room 2:00 Popcorn & Movie	<b>24</b> 9:00 Manicures 10:30 Games in Activity Room 2:00 Popcorn & Movie	rch Services: :00 (Ch. 3) : 9:00 (Ch. 4) tional) 9:00 (Ch.3
	FRI	<b>2</b> Ground Hog Day 8:30 Beauty Shop 2:00 Rootbeer floats 2:30 Bingo	<b>9</b> 8:30 Beauty Shop 2:00 Ice-cream 2:30 Bingo	<b>IG</b> 8:30 Beauty Shop 2:00 Ice-cream 2:30 Bingo	23 8:30 Beauty Shop 2:00 Monthly Birthday Party Happy B-day Delila	Sunday TV church Services: Lutheran: 10:00 (Ch. 3) Catholic Mass: 9:00 (Ch. 4) NC (Non-denominational) 9:00 (Ch.3
×	THU	10:00 Church w/ Pastor Loftis 2:00 Making Candy Bouquets for Fundraiser	8 10:00 Church w/ Pastor Voytek 2:00 Making Candy Bouquets for fundraiser	IS 10:00 "Tell me a story" 2:30 Bake day	<b>22</b> 10:00 Church w/ Pastor Pretzer 2:30 Bake day	<b>29</b> 10:00 "Tell me a story" 2:30 Bake day
×	WED	3	7 9:15 Get Moving (snowball fight) 10-12 Manicures 2:30 Bingo	IH Ash Wednesday 10:00 Ash Wednesday Service w/ Pastor Loftis 2:30 VALENTINES PARTY Music w/ Dennis	<b>2</b> I 9:15 Get Moving (Bad minton) 10-12 Manicures 2:30 Bingo	<b>28</b> 9:15 Get Moving (bowling) 10-12 Manicures 2:30 Bingo
2024	TUE	3	G10:00 Mass w/ Father Thomas 11:15 Lunch @ Smokin Grill 2:00 Making Candy Bouquets	13 10:00 Communion w/ Deacon Robert 2:30 Crafts	20 10:00 Mass w/ Father Thomas 2:30 Crafts	27 10:00 Communion w/ Sr. Phoebe 2:30 Music w/ Cliff Walter
FEBRUARY 200	MOM	3	S 8:30 Beauty Shop 2:30 Bingo 2:30 Mardi Gras Party; Music w/ "The Dels"	<b>12</b> 8:30 Beauty Shop 2:30 Bingo 1:1's through out the day	19 Presidents Day 8:30 Beauty Shop 2:30 Bingo 1:1's through out the day	<b>2G</b> 8:30 Beauty Shop 2:30 Bingo 1:1's through out the day
FEBI	SUN	Daily 1:1's & Calendar Visits * * Calendar is subject to change *	Ч TV church services (See guide) 5:00 Lawrence Welk	ll TV church services (See guide) <b>3:30 Super Bowl 58</b>	<b>IB</b> TV church services (See guide) 5:00 Lawrence Welk	<b>25</b> TV church services (See guide) 5:00 Lawrence Welk

### Welcome!

Welcome to a "Letter from Home," a monthly newsletter for the families of residents at the Richardton Health Center.

#### **Richardton Health Center**

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#### Richardton Healthcare Foundation

PO Box 306 Richardton, ND 58652 701-974-3304

## The mission of the Richardton Health Center:

Making our home the best by serving our community with holistic care and dignity.

#### The vision of the Richardton Health Center:

Deliver high-quality, personal care every day.



Like RHC on Facebook

www.richardtonhealth.com

# The Richardton Healthcare Foundation welcomes donations anytime.

The Foundation board determines where to best utilize funds,

so donations can be coupled with other funds to continually improve RHC's programs and services.

Make your gift by check to:

Richardton Healthcare Foundation PO Box 306 Richardton, ND 58652

## Meet your provider: **Maria Aune**

Through this newsletter, we introduce you to the providers who care for your loved ones. Here, meet Maria Aune.



With a deep-rooted affinity for rural health care, Maria Aune is a family nurse practitioner (FNP) at Jacobson Memorial Hospital Care Center (JMHCC) and its clinics.

"I've always had a really strong connection to rural care. I grew up in a town of about 1,100 people, so having someone in the rural clinic who I know and trust as a provider was really important to me

growing up, and I wanted to continue that," she said about her career choice.

A native of De Smet, S.D., she moved to North Dakota following college graduation to be closer to her husband's family, who live in the Taylor area.

Aune earned her Bachelor of Science degree in nursing from South Dakota State University, then completed her master's degree in December 2022 from Bradley University to become a family nurse practitioner.

Her nursing career began with Sanford Health in Bismarck, where she worked for the past three years in the intensive care unit.

"I've always had a passion for helping people. I've always been very empathetic, and then I loved the science side of it, too. Giving holistic care, but also following scientific guidelines, knowing why we're doing something has always intrigued me. And being able to help people is why I love to do it," she said.

She decided to pursue becoming an FNP,because she wanted to partner with the patient to make health decisions.

"Helping people make decisions about their health at that higher level has always intrigued me," she said.

Patients will find her to be an advocate, with a willingness to listen.

"I like seeing the change people can have with the right care and the right approach to their care," she said. "I want to be a patient advocate. ... I'll be someone to talk to if they need it."

Aune currently lives in Lincoln with her husband, Lane, and their son. Outside of work, she plays piano for her church, and she and Lane play in a co-ed volleyball league.

















while his daughter, Peggy, danced with residents.

We celebrated birthdays in January with cupcakes decorated with each resident's name. We also enjoyed music by Dennis Paulson. Inky Paulson and his daughter, Jean, took turns playing piano,

We remember residents who have recently passed away and are grateful for the time we were able to spend with each. Thank you to their families for entrusting their care to the Richardton Health Center.



**Delores Frieze** 



Hanna "Hanni" Guttmann



Irmgard Wehri