

News from your family at Richardton Health Center in Richardton







Honoring our family

Thanks to everyone who came to our family picnic, and for your patience with us moving it inside due to the forecasted weather! Due to those changes, everyone wasn't able to hear the Lifetime Achievement Awards as they were read. So, there is a book available at the Richardton Health Center to look through if you would like to read them!

It is so great to learn about all of the amazing things our residents have done, the obstacles they have overcome and to see the smiles on their face as they are recognized for their achievements. That can't be beat!

In September, we took a trip to the Dakota Zoo in Bismarck, where we enjoyed a McDonald's picnic and loved seeing all the animals!

A group went to Garrison for the annual Senior Fishing Day at the Fish Hatchery. We didn't get any bites, but we still had a good time. We had a picnic lunch and enjoyed the drive with the colors changing outside! We also enjoyed ice cream on the way home!

Sincerely, Jessi Schmidt, activities director

TOP PHOTO: We celebrated our residents with Lifetime Achievement Awards and an indoor family picnic. PHOTOS AT LEFT FROM TOP TO BOTTOM: We had fun visiting the Dakota Zoo and all the animals. It was fun to gather family for our Lifetime Achievement Awards. Residents enjoyed the nice weather and dropped a line during the annual Senior Fishing Day.

Saturday	7 10:00 MeTV in Lobby	14 9:00 Manicures 10:00 Games in Activity Room 2:00 Popcorn & Movie	21 9:00 Manicures 10:00 Games in Activity Room 2:00 Popcorn & Movie Happy Birthday George!	28 2:00-4:00 Trick or Trunk in parking lot (Sponsered by Richardton Health Center Foundation) Happy Birthday Russell! Happy Birthday Elmer!	
Friday	6 8:30 Beauty Shop 2:00 Rootbeer Floats 2:30 Bingo	13 8:30 Beauty Shop 2:00 Icecream 2:30 Bingo	20 8:30 Beauty Shop 2:00 Icecream 2:30 Bingo	27 8:30 Beauty Shop 2:00 Monthly Birthday Party Happy Birthday Teresa!	* Daily 1:1's and Calendar Visits * * Calendar is subject to change *
Thursday	 5 9:30 Outing: Papas Pumpkin Patch in Bismarck 10:00 Church w/ Pastor Loftis 	12 10:00 Church w/ Pastor Voytek 2:30 Bake Day: (Pumpkin bread)	19 10:00 <i>"Tell me a story"</i> 2:30 Music w/ Ella & Delbert	26 10:00 Church w/ Pastor Pretzer 2:30 Music w/ Dennis & Inky	urch Services: 0:00 (Ch. 3) s: 9:00 (Ch. 4) ominational) Ch.3)
Wednesday	49:15 Get Moving (Bowling)10-12 Manicures2:30 Bingo!	11 9:15 Get Moving (Mini Golf) 10-12 Manicures 2:30 Bingo!	18 9:15 Get Moving (Horse Shoes) 10-12 Manicures 2:30 Bingo!	25 9:15 Get Moving (Axe Throwing) 10-12 Manicures 2:30 Bingo!	Sunday TV church Services: Lutheran: 10:00 (Ch. 3) Catholic Mass: 9:00 (Ch. 4) NC (Non-denominational) 9:00 (Ch.3)
Monday Tuesday	3 10:00 Mass w/ Father Thomas 2:30 Fall craft (wood crafts)	10 10:00 Communion w/ Deacon Robert 2:30 Music w/ Ernie Hecker	17 10:00 Mass w/ Father Thomas 2:30 Crafts: Pumpkin Decorating	24 10:00 Communion w/ Sister Phoebe 2:30 Crafts: Pumpkin Decorating	31 HADY 10:00 Communion w/ Deacon Robert 2:00 Halloween Party 3:30-5:00 Trick or Treaters in Lobby
Monday	2 8:30 Beauty Shop 2:30 Bingo 1:1's through out the day	9 8:30 Beauty Shop 2:30 Bingo 1:1's through out the day	16 8:30 Beauty Shop 2:30 Bingo 1:1's through out the day	23 8:30 Beauty Shop 2:30 Bingo 1:1's through out the day	30 8:30 Beauty Shop 2:30 Bingo 1:1's through out the day
Sunday	TV church services (See guide) 5:00 Lawrence Welk	8 TV church services (See guide) 5:00 Lawrence Welk	15 TV church services (See guide) 5:00 Lawrence Welk	22 TV church services (See guide) 5:00 Lawrence Welk	29 TV church services (See guide) 5:00 Lawrence Welk Happy Birthday Harry!

Welcome!

Welcome to a "Letter from Home," a monthly newsletter for the families of residents at the Richardton Health Center.

Richardton Health Center

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Richardton Healthcare Foundation

PO Box 306 Richardton, ND 58652 701-974-3304

The mission of the Richardton Health Center:

Making our home the best by serving our community with holistic care and dignity.

The vision of the Richardton Health Center:

Deliver high-quality, personal care every day.

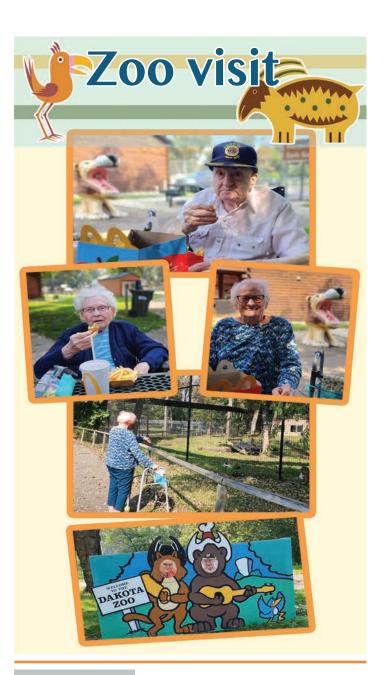


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Richardton

Healthcare Foundation



In memoriam

Larry Schulte

The Richardton Healthcare Foundation welcomes donations anytime.

The Foundation board determines where to best utilize funds,

so donations can be coupled with other funds to continually improve RHC's programs and services.

Make your gift by check to: Richardton Healthcare Foundation PO Box 306 Richardton, ND 58652

























Gone Fishin'



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Adult day care provides social, health and personal care to older adults who need supervised care during the day.

Services

- Social activities and interaction with peers
 - Meals and snacks
 - Room for napping or rest
 When to consider
 - They feel isolated or lonely
- They cannot be safely left alone during the day
 - The caregiver needs some respite



Adult day care is available 8 a.m. to 5 p.m. Monday-Friday or arranged hours. Call Admissions to apply at 974-3304